

Dette er ei omsetjing av den fastsette læreplanteksten. Læreplanen er fastsett på Nynorsk

Laid down as regulations by the Norwegian Directorate for Education and Training on 14 December 2008 as delegated in the letter dated 26 September 2005 from the Ministry of Education and Research pursuant to section 3-4 first paragraph of the Act of 17 July 1998 no. 61 relating to primary and secondary education (the Norwegian Education Act).

Valid from 01.08.2008

Valid to 31.07.2018



Utgått

## Purpose

The skin care programme area shall lay the foundation from which to practice the vocation in the care and treatment of the skin and body. The programme subject shall also contribute to critical and ethical thinking in a society with different ideals about appearance. The skin care subject shall contribute to well-being and good health.

The subject shall help to develop practical skills and professional insight into the care and treatment of the skin, hair and nails. Furthermore, students shall develop skills in the use of various tools, appliances, products and treatment methods for skin care. The subject shall help the skin care technician to develop the ability to provide service, communicate and interact with various types of users and cooperating partners. The subject shall also give competence in sales, marketing and running a skin care company. Furthermore, learning in the subject shall improve the pupil's understanding of aesthetics and promote creativity.

Work in the subject shall focus on planning, carrying out and assessing work tasks in accordance with the needs of users and the rules and regulations in force. The teaching shall be comprehensive and practical so that each pupil develops the practical skills and professional insight needed in the skin care vocation.

When the training in the subject has been completed and passed, the pupil will have vocational competence with the title Skin Care Technician.

## Structure

The skin care programme area consists of three programme subjects. The programme subjects complement each other and should be viewed in relation to one another.

### Overview of the programme subjects:

Year level	Programme subjects		
Vg3	Health-promoting work	Communication and interaction	Practice of vocation

## Description of the programme subjects

This programme subject examines how lifestyle habits such as diet, physical activity and smoking effect the skin, hair and nails. How skin, hair and nails grow and function is also part of the subject. The programme subject also examines hygiene, prevention of infections, skin problems and skin diseases. Aesthetics as a health-promoting measure is included in the subject. Health, environment and safety measures, ergonomic principles, prevention of health risks and first-aid training are also a part of the programme subject.

This programme subject focuses on communicating and interacting with various types of users. The programme subject also covers marketing, ethics, sales, service and providing advice. Conflict resolution and learning relevant rules relating to the obligation of confidentiality and protecting personal information are also part of the course.

The programme subject focuses on different kinds of face and body treatments, hair removal, pedicure, massage, tools, appliances and products, colour theory and makeup techniques. The subject also includes observation, planning, execution and quality assurance of the treatments. Reception service, sales of goods and services, keeping a logbook, basic budgeting and bookkeeping and learning relevant rules and regulations are also a part of the programme subject.

## Teaching hours

Teaching hours are given in 60-minute units.

Vg3

Health-promoting work: 250 hours

Communication and interaction: 250 hours

Practice of the vocation: 426 hours

## Basic skills

The basic skills are integrated into the competence aims for this course in areas where they contribute to the development and are part of the subject competence. In the skin care subject, the basic skills are understood as follows:

*Being able to express oneself orally and in writing* in the skin care subject refers to communicating with customers and various types of cooperating partners. This involves keeping a logbook and writing referrals and letters.

*Being able to read* in the skin care subject refers to understanding trade literature, instruction manuals, card index files and relevant rules and regulations, as well as acquiring new knowledge of and insight into the vocation.

*Numeracy* in the skin care subject refers to mixing different ingredients in the correct amounts, calculating costs, settling accounts with customers and managing purchasing and sales duties. It also means calculating profit margins when selling products and services.

*Digital literacy* in the skin care subject refers to finding relevant information and maintaining contact with other environments in this vocational area. It also refers to keeping logbooks, managing stocks, controlling earnings and preparing customer guidance and other information.

## Competence aims

*The aims of the studies are to enable pupils to*

- observe health conditions and if necessary give advice to seek treatment by a doctor
- comply with the rules and regulations in force for hygiene and the prevention of infections
- explain how the skin is structured and functions and explain normal changes due to aging
- discuss the relationship between changes to the skin, hair, nails
- carry out preventive measures and treatment for the skin, hair and nails
- evaluate the information labels on various skin care products

- perform first aid that is relevant for the vocation
- plan and suggest aesthetic measures to promote well-being and health

*The aims of the studies are to enable pupils to*

- guide users in relation to care and treatment of skin, hair and nails
- assess and initiate measures in the vocation that can promote a positive self-image, well-being and health
- communicate with users with different backgrounds
- discuss ethical issues relating to practising the vocation
- discuss the role of the media and advertising in the skin care vocation
- carry out the sales of services and products based on professional and ethical principles
- apply various conflict-resolution strategies
- provide service in the practice of the vocation
- comply with the rules and regulations in force relating to the obligation of confidentiality and protection of personal information

*The aims of the studies are to enable pupils to*

- plan, implement, assess and document his or her own work as a skin care technician
- apply day, evening and bridal makeup based on colour theory
- use a selection of technical aids in facial and body treatments and assess the utility value of such aids
- use simple correction techniques and camouflage skin changes
- give advice on treatment of unwanted hair growth and use of different work methods and tools/appliances
- use methods for treating hands, applying nail polish and pedicuring, and give reasons for the methods chosen
- use different massage techniques
- give advice on the chemical effect of different cosmetic products on the skin
- work in compliance with health, environment and safety measures at the workplace
- comply with ergonomic principles in the practice of this vocation
- evaluate skin, hair and nail treatments, and keep a work logbook
- carry out purchases, sales and marketing in accordance with current rules and regulations
- organise and manage work operations

- keep a simple budget and undertake basic bookkeeping
- use digital tools in the practice of this vocation
- use quality control and quality improvement when practising this vocation
- plan and carry out work in accordance with the principle of universal design for products and services

## Assessment

VG3 skin care

Provisions for final assessment:

### **Overall achievement assessment**

Programme subjects	Provision
Health-promoting work	The pupil shall have an overall achievement grade in each programme subject.
Communication and interaction	
Practice of the vocation	

### **Examination for pupils**

Programme subjects	Provision
Health-promoting work	The pupil shall sit for an interdisciplinary practical examination that covers the three programme subjects. The examination is prepared and assessed locally.
Communication and interaction	
Practice of the vocation	

### **Examination for external candidates**

Programme subjects	Provision
Health-promoting work	The external candidate shall sit for a written examination in each programme subject. The external candidate shall also sit for an interdisciplinary practical examination that covers the three programme subjects. The examination is prepared and assessed locally
Communication and interaction	
Practice of the vocation	

The general provisions for assessment have been laid down in the regulations relating to the Norwegian Education Act.